

EWB Book Club

Meet-up Notes

Website: <https://braedenkloke.ca/ewbbc>

Land Acknowledgement

We would like to start this session by acknowledging that the land on which we gather here today in Ottawa, is the traditional and unceded territory of the Algonquin Nation. We are making this acknowledgement with the intention of speaking truth and reconciling our history and are grateful to have the opportunity to be present in this territory.

Announcements

- Timbits?
- Feedback: Best way to schedule meet-ups?
 - What works best for everyone?
 - Lettucemeet
 - Schedule the next meet-up at the current meet-up?
- Room?
 - ME 3380 this is fine... has tech
- Winter book announcements
 - The Lemon Tree
 - How to Abolish Prisons
- Resources

Discussion

Discussion Questions:

Source: <https://bookriot.com/book-club-discussion-questions>

- Share a favourite quote from the book, why did this quote stand out?
- What new things did you learn?
- What questions do you still have?

Notes:

Use this space to capture any thoughts you want to discuss in the meet-up.

Braeden:

- START HERE Thanksgiving Address (pg 110)
- END HERE Give before you take

Key Ideas:

- Gratitude
- **Reciprocity: THIS IS THE MAIN THING OF THE BOOK**
 - To enter in reciprocity into the more than human world
 - Ceremony
 - Definition:
 - We are a part of the world. Opposed to an 'alien' of the world.
 - **Mutual flourishing**
 - Two way street.
 - Give and take.
 - Respect and mutual appreciation.
 - Living with nature instead of apart / or tolerating them.
 - Holistic
 - Not roommates.
 - Example:
 - Story of creation: Skywoman
- **What does it mean to be indigenous?**
 - ?Language
 - ?
 - Deviating from scientific definition
 - Feeling of knowing the land (rather than the facts)
 - Reciprocity
 - **Caring for the land. Be part of the ecosystem.**
 - **Can we become indigenous?**
 - Yes.
 - Living as if our children futures matters. (pg 9, soft cover)
 - To care for the land as if our lives both spiritual and physical depended on it.
- **Honorable Harvest**
 - Guidelines for mutual flourishing and sustainability with the land.
 - 178 hard cover, 183 soft cover
 - 1 always walk past the first item
 - 2 never take more than half
 - 3 take only what you need

- 4 ask for permission
- 5 don't waste what you take
- 6 make an offering (tobacco)
- How as this changed how I shop?
 - Only what you need.
 - Its not WHAT you buy but HOW you buy it.
- Plants as teachers.

Compare Creation Stories

- Skywoman:
 - Mutual.
 - Reciprocity.
 - **Nature was there to help us.**
 - Skywoman was an immigrant.
- Garden of Eden:
 - **Nature as a resource.** Something we have **dominion** over.
 - Survival.

Resources

- Mental Health Resources | Carleton University: <https://wellness.carleton.ca/>
- Wellness Navigator | Carleton University: <https://wellness.carleton.ca/navigator/>